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How long to whiten with opalescence

Unless directed otherwise by your dentist, wear Opalescence 10% for 8-10 hours or overnight, Opalescence 15% for 4-6 hours, Opalescence 20% for 2-4 hours, and Opalescence 35% for 30 minutes. Remove excess gel with clean finger or soft toothbrush.Click to see full answer Keeping this in view, how many days should I use Opalescence 35?Unless directed otherwise, wear Opalescence 10% for 8-10 hours or overnight, Opalescence 15% for 4-6 hours, Opalescence 20% for 2-4 hours, and Opalescence 35% for thirty minutes. Remove Excess gel with clean finger or soft toothbrush. Rinse twice; do not swallow rinsed gel.Also Know, is 35 teeth whitening gel safe? CONCLUSION: Carbamide peroxide in 16% and 35% concentration are effective and safe for bleaching discoloured vital teeth, however, 35% concentration gave significantly more lightening effect without additional side effects compared to 16% concentration. Similarly, how many days in a row can you use Opalescence? Opalescence Go Teeth Whitening The UltraFit tray conforms to any smile. Available in 10% hydrogen peroxide (wear 30-60 minutes for 5-10 days) Available in 15% hydrogen peroxide (wear 15-20 minutes for 5-10 days) Whitening gel contains potassium nitrate and fluoride.Should I keep Opalescence in the fridge?- Keep and store the whitening agent out of heat or direct sunlight at all times as the bleaching agent will chemically break down. You may store extra material in the refrigerator. © 1996-2014, Amazon.com, Inc. or its affiliates At some point in their lives, most people have looked in the mirror and been unhappy with something about their smile. If you have ever thought your smile wasn't bright or white enough, then Opalescence teeth whitening may be a great choice for you and your needs.What is Opalescence teeth whitening?Opalescence has been the leader in teeth whitening services for over 25 years. The products they offer allow you to team up with your dentist to see the whitening and brightening results you want, safely and effectively.Their whitening gel contains potassium nitrates as well as fluoride to increase its efficiency. Although you can use Opalescence products as part of an in-chair dental whitening treatment, this gel can be worn day or night as part of an Opalescence take home kit. You can get these take home kits with the active ingredients of either Carbamide Peroxide or Hydrogen peroxide, and in a variety of strengths depending on the intensity of white you want.The gel in these take home kits can be worn during the day or the night. It is sticky and viscous. Therefore, it will not migrate to soft tissues in the mouth and cause complications. All the Opalescence whitening options also come in two different delicious flavours: mint and melon as well as regular.Dentists use two categories to classify stains on people's teeth: intrinsic or extrinsic stains. Intrinsic stains live beneath the microcracks in your tooth enamel and deep within your dentin (below the enamel) as well, whereas extrinsic stains can be found on the surface of the teeth. Products like whitening toothpaste or mouthwashes may be able to remove extrinsic surface stains, but only your dentist can provide you with effective ways to combat and remove intrinsic stains in the best ways possible.Opalescence teeth whitening gels contain an active whitening ingredient, usually either hydrogen peroxide or carbamide peroxide. This whitening ingredient penetrates beneath your tooth enamel to address the miniscule particles in your teeth that are discoloured.The oxygen molecules in the whitening agent react with the discoloured portions of the tooth, breaking them apart.The oxygen molecules cover the tooth, whitening it, and leaving you with a brighter, whiter smile.Opalescence teeth whitening: how long does it take? Everyone's teeth are different, so they respond to whitening treatment at different rates. Stains on teeth are also not all identical, so it may take more treatment to remove certain stains from the teeth.Age can also affect whitening: Younger patients will typically see faster results. Colour can also be a factor; if your teeth are more yellow or brown tinged, they will be easier to whiten compared to people whose teeth are more blue or grey.One important thing to keep in mind is that smiles usually look the most natural when the whiteness of your teeth matches the whiteness of your eyes. People who want a Hollywood white smile may not be considering how unnatural that can look in real life, and how unattainable that level of white is for most people's teeth.How long does Opalescence teeth whitening last?The results of an Opalescence treatment are stable and long-lasting; however, factors like age, genetics, diet, some medications, and some unhealthy habits can dull the brightness of your teeth after the whitening process.Touch-up treatments are readily available to keep your teeth as white as you would like them to be relatively constantly.Consult with your dentist at the Dental Spot to see whether Opalescence teeth whitening can help you achieve a brighter, whiter smile. Call us today: (02) 9158 6115. Opalescence is a professional whitening treatment, so powerful and effective it is only dispensed by dentists. Proven successful at providing dramatic, long-lasting results, it has received many awards in the dental world. Opalescence is a whitening gel that you wear in custom-made trays. Your dentist will take impressions of your teeth to make trays perfectly tailored to your smile. The length of time you need to wear Opalescence will vary depending on your unique circumstances. A typical treatment lasts from one week to 10 days. You may need to wear the trays for 30 minutes a day, several hours a day or overnight, depending on what your dentist recommends. Over-the-counter whitening treatments, such as whitening strips can lighten teeth. But for optimal results, you want to rely on a professional treatment.Other professional treatments also exist, but Opalescence has set many "firsts" in the industry and is the preferred choice of thousands of dentists and hygienists. One thing we often hear is, "It just works better!" Many factors make teeth lose their luster. Genetics is one factor; some people just have whiter teeth. Other factors include cigarettes, dark foods, beverages (including coffee, soda, tea and red wine), age, medications (such as tetracycline) and tooth trauma. The active ingredient in most tooth whiteners is some form of peroxide. Oxygen molecules from the peroxide penetrate the tooth and break down discolored molecules. Because the oxygen molecules spread throughout the entire tooth, it is not necessary for the whitening gel to touch every part of the tooth for the entire tooth to be whitened. Some people experience sensitivity while whitening, but many do not. Sensitivity does not mean damage has been caused to your teeth. It is temporary and typically disappears within a few days. Opalescence also contains unique ingredients designed to decrease sensitivity and make your whitening experience as comfortable as possible. Your dentist can provide you with additional desensitizing treatments if you experience lingering discomfort. No! Bleaching will not weaken your teeth. In fact, Opalescence contains a patented concentration of potassium nitrate and fluoride designed to strengthen enamel and prevent cavities. Bleaching will not weaken any existing dental fillings or dental cements. Bleaching results typically last several years. If your teeth start to discolor again over time, you can simply repeat a whitening treatment. Almost anyone can successfully whiten their teeth. Opalescence is effective at treating discoloration caused by age, food and drink, cigarettes or even medication or tooth trauma. We also see patients of all ages whiten, from teenagers to 80 or 90-year-olds. Enhance your smile in just one visit. Call our team at Robert P Levesque DMD today.508-672-5456 Opalescence is a professional teeth whiterer that offers excellent results. This safe and effective whitener has been used for over 20 years.

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